TorontoProRN

EXECUTIVE POST-OPERATIVE RECOVERY CONCIERGE

JoAnne Gomez, RN · ICU · Post-op Recovery

Direct & WhatsApp: **+1 (343) 301-5061**
Email: **prorninc@gmail.com**
Web: **www.torontoprorn.com/concierge**

Private 1-on-1 ICU Registered Nurse Care for Surgical Recovery in Toronto

Designed for high-net-worth individuals, international medical travellers, executive clients and guests of luxury hotels. Our College of Nurses of Ontario (CNO) Registered Nurses deliver turnkey post-operative nursing care from surgical clinic discharge through hotel suite recovery, with flight-readiness documentation for your surgeon.

CLINICAL RIGOUR

27+ Yrs ICU Experience

Directed by founder JoAnne Gomez, RN. Every booking provides dedicated 1-on-1 awake care from ICU-trained nurses with specialized plastic surgery recovery experience.

PRIVACY STANDARDS

Ironclad Confidentiality

Formal non-disclosure agreements (NDAs) executed prior to first shift upon request. Strict zero-photo policy and plain-clothes lobby arrivals for complete discretion.

TURNKEY LOGISTICS

Door-to-Door Escort

Direct clinic pick-up, PACU nurse-to-nurse handover, prescription collection, suite setup (wedges and bedding), daily surgeon notes and home doctor summaries.

Full Concierge Inclusions

Included in all flat-rate packages

- **Clinic Pick-up & Escort:** Nurse receives clinical handover directly inside the operating or recovery room.
- **Suite Medical Setup:** Room staging with waterproof bedding protection, positioning pillows, elevation wedges and surgical supplies.
- **Drain & Garment Care:** JP/Hemovac drain stripping, fluid logging, Stage 1 faja adjustments, dressing changes and assisted ambulation.
- **Prescription Fulfillment:** Collection and verification of post-op pain medications and antibiotics prior to suite arrival.
- **Continuous Vitals & Airway Oversight:** Real-time monitoring for airway stability, blood pressure shifts, hematomas and lipo fluid loss.
- **Surgeon & Family Handovers:** Written daily logs sent to the Toronto plastic surgeon and comprehensive discharge reports for home physicians.

All-Inclusive Concierge Package Architecture

Flat-rate packages based on $195 USD/hr

Package Tier	Duration	Recommended Surgical Scope	Rate (USD / CAD)
The First Night	12 Hours	Single procedures (breast augmentation, rhinoplasty, standalone lipo), first overnight coverage.	**$2,340 USD** $3,275 CAD
The Executive Reset	24 Hours	Standalone abdominoplasty, facelift, or moderate 360 liposuction requiring full 24h supervision.	**$4,680 USD** $6,550 CAD
The Extended Recovery	36 Hours	Full body lifts, extensive liposuction, or evening discharges covering two full recovery nights.	**$7,020 USD** $9,820 CAD
The Complete Recovery	48 Hours	Mommy makeovers, multi-procedure combination surgeries, drain removal prep and a flight-readiness report for your surgeon.	**$9,360 USD** $13,100 CAD

Hotel & Residence Coverage: Your nurse comes to you at Yorkville and Downtown Toronto hotels such as **The Hazelton Hotel**, **Four Seasons Hotel Toronto**, **The Ritz-Carlton Toronto**, **The St. Regis Toronto** and **Park Hyatt Toronto**, as well as private residences and luxury short-term rentals across the GTA.

Toronto ProRN is an independent nursing service and isn't affiliated with or endorsed by any hotel named here.

Concierge & Personal Assistant Intake Protocol

Seamless referral execution

01
Initial Contact
Connect with JoAnne Gomez, RN by WhatsApp or phone with dates and recovery location.

02
NDA & Discretion
Formal non-disclosure agreement executed immediately upon request, prior to billing.

03
Clinical Match
Brief intake call to confirm surgical details, surgeon orders and relief shift planning.

04
Stripe Settlement
Single-click USD credit card link via Stripe, or CAD Interac e-Transfer, with zero add-ons.